

**CATEGORY**

BEST FACIAL FOR  
DULL AND TIRED  
SKIN

**WINNER**

**SK-II BOUTIQUE  
SPA BY SENZE  
SALUS**

SENZE EO+  
FACIAL

READERS' CHOICE

**CATEGORY**

BEST FACIAL FOR  
INSTANT LIFTING  
AND FIRMING  
(machine-based)

**WINNER**

**SK-II BOUTIQUE  
SPA BY SENZE  
SALUS**

SENZE RENEWAL  
PROIONIC FACIAL

EDITORS' CHOICE

## True Skin Wellness

These two facials come with pampering massages to help calm and de-stress the mind, and promote circulation for firmer, more radiant-looking skin.

Stress has a negative effect on your mood, health – and skin. Pollutants, too, generate free radicals that weaken and sensitise skin. Both these factors aggravate skin issues, making self-repair difficult.

SK-II Boutique Spa by Senze Salus' newest facial, which *Her World* was the first to review, helps you relieve stress and, by extension, helps your skin de-stress.

The Senze EO+ Facial (\$320 for

105min) improves circulation, zaps dullness and promotes radiance.

It includes a 40min face massage that uses one of four certified organic essential oil blends: De-stress to hydrate, Soothe to calm, Anti-ageing for firming, and Purify to balance oily, congested skin. The blends are free of pesticides, preservatives and artificial chemicals, and use premium oils like rose otto and German (blue) chamomile.

The 40min massage uses Austrian biochemist

Marguerite Maury's massage techniques. She was a pioneer in the use of essential oils in spa-like clinics in the 1950s. The face, neck, shoulders and scalp are massaged to heighten relaxation, promote circulation and reduce stress. The lymph nodes are also stimulated to improve drainage and circulation for better absorption of key ingredients from the essential oils and SK-II skincare. Hand reflexology during the facial promotes overall well-being.

To give your skin a firming boost, opt for the Senze Renewal Proionic Facial (\$480 for 100min). It addresses dull and sagging skin with radio-frequency waves, using the INDIBA Proionic RF machine. This boosts circulation in the upper skin layers, and purportedly boosts collagen production, as well as breaks down fats in the deep skin layers to improve firmness and lift facial contours. The facial is also accompanied by a relaxing scalp and shoulder massage, and leaves the complexion looking more plumped-up and dewy.

SK-II Boutique Spa by Senze Salus, #02-54/55 Millenia Walk (6336-4880), and #02-06 Shaw Centre (6836-9168)

[www.mysk2spa.com](http://www.mysk2spa.com)

[mysk2spa](https://www.facebook.com/mysk2spa)

[sk\\_ii\\_boutique\\_spa](https://www.instagram.com/sk_ii_boutique_spa)

**SPECIALLY FOR HER WORLD READERS**

Enjoy your first trial of the Senze EO+ Facial for \$270 (UP \$320) from now until Aug 31, 2018. Terms and conditions apply.

**SK-II**  
*Boutique Spa*  
BY SENZE SALUS