



# Drink Up

Pure. Fresh. Rejuvenating. The colourless, odourless liquid is more than the source of life, it's the real fountain of youth.

When it comes to skin, we know that drinking enough water is essential for a hydrated, balanced complexion. But did you know that the water used in your skincare and treatments matter too? That's because

"what we expose our skin to impacts its health as well," says Calvin Ng, founder and managing director of Senze Salus, which owns and runs SK-II Boutique Spa by Senze Salus, under exclusive license by SK-II.

Which is why the premium spa has adopted a holistic approach to skincare, the premise being that caring for your skin goes beyond products and treatments. Of course, this isn't to say that they don't matter; they do, but so do other things, such as the water used during routine facial treatments.

## HEALTH THROUGH WATER

Inspired by the Latin origins of the word "spa", an acronym for salus per aquam, meaning "health through water", the new flagship outlet at Raffles City Shopping Centre uses only water of the purest form for everything. Facial steaming, for instance, is done using 100-percent pure distilled water, while all other treatments use water that has been further purified by a four-stage filtration process.

To help enhance skin health from the inside out, the spa serves up alkaline water for consumption too. Aside from its antioxidant properties (read: it counters signs of ageing such as wrinkles and

## BIGGER AND BETTER



In celebration of its 14th anniversary in Singapore, SK-II Boutique Spa by Senze Salus moved its Millenia Walk outlet to the more central Raffles City Shopping Centre. Its largest space yet at nearly 572 sq m, the brand's all-new flagship store is done up in its signature sleek, modern and luxurious style, and features 20 treatment suites, a dedicated beauty bar, a lounge, and private consultation rooms.

saggy skin), alkaline water is said to offer superior hydration through ionisation, which transforms water into micro clusters that are more easily absorbed at the cellular level. But don't just trust us, barefaced beauties Miranda Kerr and Beyoncé Knowles-Carter swear by it.

Further pushing the wellness boundary, the spa is working with a tea sommelier in Japan to curate a selection of premium, organic green teas. For those not in the know, green tea contains antioxidants – including the powerful EGCG for potent anti-ageing effects – to fight free-radical damage, as well as anti-inflammatory properties that help reduce irritation, redness and swelling. Chock-full of vitamins E and B2 for skin-health maintenance, the antibacterial agent also has tannins to regulate sebum production.

**SK-II Boutique Spa only serves the highest quality water to its clients – not just for drinking, but also in all its treatments.**

## UPCOMING TREATS

Because it strives to offer you the best, well-rounded spa experience, the brand is constantly elevating its services. Keep your eyes peeled for new treatments as well as membership and rewards programmes coming your way in 2019, such as the Senze Rewards Program. Easily accessed via the SK-II Boutique Spa Loyalty Mobile App, the loyalty programme affords members-only rates and lets you earn points redeemable against SK-II products and services. ●

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